

## GLOBAL ADVENTURE WEEK 1

	Monday	Tuesday	Wednesday	Thursday	Friday
<b>TRADITIONAL</b>	Chicken Tikka Masala 93128001  Wholegrain Rice 93109633	Sweet and Sour Chicken 93147285  Noodle 93131282	Roast Beef 93064252  Roast Potatoes 93035127  Broccoli 93143358	Creamy Chicken and Mushroom Pot 93147109  Wholegrain Rice* 93109633	<b>BRITISH</b> Home-made Battered Fish Fillet 93105116  Chips (oil) 93124814  Baked Beans 93036011
<b>ALTERNATIVE</b>	Loaded Triple Mac 'N' Cheese 93129233	Sweetcorn Chickpea Veggie Burger 93153900	Sweet Potato & Squash Stew 93101314	Smoky Cauliflower Cheese 93156770	Boston Bean Casserole 93130977
	Garlic & Herb Bread Wedge 93119266	Coleslaw 93101975	Seasonal Cabbage 93143359	Coleslaw 93129265	Peas 93065563
	Paprika Potato Wedges (no oil) 93130895	Baked Garlic & Herb Wedges (no oil) 93157067	Cajun Potato Wedges (no oil) 93157065	Potato and Onion Hash 93147111	Chips (oil) 93124814
	BBQ Beans 93129227	Chop Chop Salad 93153242	Peas 93065563	Caesar Salad 93129328	House Slaw 93153240
<b>SPEEDY ITALIAN</b>	Veggie Supreme Pizza (v) 93135569	3 Cheese Sicilian Pizza (v) 93135631	Hawaiian Pizza 93128494	Bacon Pizza 93041401	Veggie Hot One Pizza (v) 93128498
	Veg Bolognese Pasta (v) 93102889	Arrabiata Pasta (v) 93147953	Chunky Vegetable Pasta 93137661	Beef Lasagne 93046483	Herby Tomato Pasta (v) 93147954
	Margherita Pizza (v) 93041388	Margherita Pizza (v) 93041388	Margherita Pizza (v) 93041388	Margherita Pizza (v) 93041388	Margherita Pizza (v) 93041388

## GLOBAL ADVENTURE WEEK 2

	Monday	Tuesday	Wednesday	Thursday	Friday
<b>TRADITIONAL</b>	Bacon Mac & Cheese 93160004	Beef Cobbler 93089366  New Potatoes 93034976	Roast Pork 93098927  Roast Potatoes (oil) 93035127  Carrots 93065561  Gravy 93034775	Chicken Korma 93127657  Wholegrain Rice* 93109633	Fish & Chips  Or  Fisherman's Pie *** 93160249 (oily fish)
<b>ALTERNATIVE</b>	Louisiana Bean Pot 93159955	Cajun Bean and Feta Burger 93159953	Sweet Potato & Black Bean Wrap 93129220	Butternut Squash Feta Bake 93159973	Quorn Sausage Pattie & Cheese Bun 93133732
	Corn on the Cob 93130897	Sweetcorn 93094208	Seasonal Cabbage 93143359	Wholegrain Rice	Peas 93065563
	Paprika Potato Wedges (no oil) 93157066	Garlic Bread* (no oil) 93154277	Baked Garlic & Herb Potato Wedges (no oil) 93157067	Cajun Potato Wedges (no oil) 93157065	Chips (oil) 93124814
	Red Slaw 93130896	Carrots	Peas 93065563	Corn on the Cob 93130897	American Style Slaw 93101975
<b>SPEEDY ITALIAN</b>	Veggie Hot One Pizza (v) 93128498	Chicken Supreme Pizza 93128497	Veggie Supreme Pizza (v) 93135569	Bacon Pizza 93041401	Sicilian Cheese & Tomato Pizza (V) 93137894
	Arrabiata Pasta (v) 93147953	Herby Tomato Pasta (v) 93147954	BBQ Chicken Pasta* 93147137	Beef Lasagne 93046483	Italian Chicken Pasta 93147955
	Margherita Pizza (v) 93041388	Margherita Pizza (v) 93041388	Margherita Pizza (v) 93041388	Margherita Pizza (v) 93041388	Margherita Pizza (v) 93041388

Wholegrain \* Oily Fish \*\*\*

## GLOBAL ADVENTURE WEEK 3

	Monday	Tuesday	Wednesday	Thursday	Friday
<b>TRADITIONAL</b>	Beef Chilli 93129204  Lemon and Herb Piri Rice 93159956	BBQ Chicken 93130941  Wholegrain Rice * 93109633	Pork Sausage Mashed Potato Red Onion Gravy 93108722	Chicken Caesar Burger 93159952  Sweetcorn 93094208	<b>BRITISH</b> Home-made Battered Fish Fillet 93105116  Chips (oil) 93124814  Baked Beans 93036011
<b>ALTERNATIVE</b>	Smoked Hummus & Vegetable Wrap 93159974	Veg & Bean Quesadilla 93086623	Quorn Cheese Burger 93153364	Vegetable Chilli 93127708	Feta and Chickpea Cake with Salsa 93086621
	BBQ Beans 93129227	Peas 93065563	Carrots 93065561	Wholegrain Rice 93109633	Peas 93065563
	Paprika Wedges	Pasta Salad * 93122369	Baked Garlic & Herb Potato Wedges (no oil) 93157067	Paprika Potato Wedges (no oil) 93157066	Chips (oil) 93124814
	Corn on the Cob 93130897	House Slaw 93129626	BBQ Beans 93129227	House Salad 93153242	Pineapple Coleslaw 93154276
<b>SPEEDY ITALIAN</b>	Veggie Hot One Pizza (v) 93128498	3 Cheese Sicilian Pizza (v) 93135631	Mushroom & Sweetcorn Pizza (v) 93147170	Sicilian Cheese & Tomato Pizza (V) 93137894	Cajun Chicken Sizzler Pizza 93128496
	Cheesy Penne Pasta (v) 93143814	Chicken And Tomato Pasta Bake 93102883	Herby Tomato Pasta (v) 93147954	Carbonara Pasta 93137662	Beef Lasagne 93046483
	Margherita Pizza (v) 93041388	Margherita Pizza (v) 93041388	Margherita Pizza (v) 93041388	Margherita Pizza (v) 93041388	Margherita Pizza (v) 93041388

Wholegrain \* Oily Fish \*\*\*