

- 1. Draw up a revision timetable**
- 2. Start revising Early**
- 3. Find a quiet space**
- 4. Spice up your revision**
- 5. Do plenty of past papers**
- 6. Make summary notes**
- 7. Reward yourself**
- 8. Use your family and friends**
- 9. Stick revision notes around the house**
- 10. Exercise**

## 1. Draw up a revision timetable

Research shows that shorter 20-30 minute spells work best, because your concentration is much higher. We therefore recommend taking short, frequent breaks. We also advise to mix the order of the subjects.

## 2. Start revising Early

You have to make a start at some point and doing it sooner rather than later is a very good idea. Try to stick to your revision timetable

**(START NOW)**

## 3. Find a quiet space

This is a pretty straightforward one: you desperately need a place where you can be uninterrupted for a few hours. Your room, school/library will do.

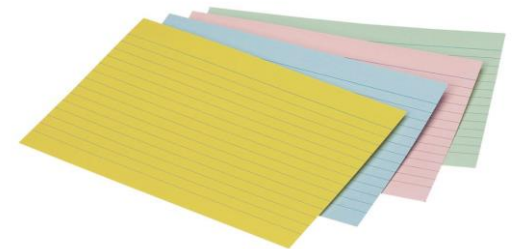
**Be careful don't get get distracted**



## 4. Spice up your revision

Use a bit of colour! Drawing colourful learning maps will help you to memorise facts. What is even more interesting is the fact that colourful notes are easier to memorise than plain black and white ones. Give it a go!

**See English department for free coloured notes**



## 5. Do plenty of past papers

Ask your teacher for some past papers or google them yourself. Most exam boards put a lot of emphasis on exam technique and simply familiarising yourself with it before the exam can often save you time and help to earn marks at the exam. Exam boards do not bother with inventing terribly innovative questions once you have done three or four past papers chances are that some of questions that come on the day will look familiar.



## 6. Make summary notes

Making notes is by far the best way to memorise lots of information. We all have been there, sat down reading a textbook and lying to ourselves that the time is being used productively - it is not! The best way to memorise information is by making notes over and over again. It may be incredibly tedious but the thing is that the most successful candidates often make as many as three sets of the same notes in a run up to the exams which help them to memorise the required information.

## 7. Reward yourself

It is not all about the work; you need good breaks too. People who manage to find the right balance between study and leisure are the ones who get the top marks. For instance go to a cinema with friends after a productive day of revision or treat yourself to something sweet. Work hard, play not-quite-as-hard is the motto here

**Free Cinema Pass most hours per week**

on



**(must be above 1 hr)**





## 8. Use your family and friends

Ask people around you to test you and give you feedback. You should already have made handy revision notes (see point 6). Why not give these notes of key formulas to your mum/Carer and ask them to test you? This is not only a good way to revise but also a good way to have a break from the hard work.

### Turn it into a Quiz



## 9. Stick revision notes around the house

Put the notes all around the house as a constant reminder. This will help you prompt yourself by associating topics with objects around your home “aha, quadratic equations, they were on the living room door”



## 10. Exercise

Physical activity is very important, in particular during intense study time. Even going for a small 30-minute jog after a day of revision will make a huge difference to your wellbeing. Physical activity increases heart rate which makes the blood circulate faster. This in turn ensures that brain gets more oxygen which increases productivity whilst reducing tiredness and stress.

